

Pain management physicians

Monterey Bay/Salinas areas



Please call the office to confirm whether the doctor is taking new patients and what insurance is accepted. For assistance getting a doctor, help with Medicare or Medi-Cal applications, or questions about financial issues, call the patient advocate at Community Hospital of the Monterey Peninsula, (831) 658-3900.

Gary Chang, MD
Monterey Spine and Joint
12 Upper Ragsdale Drive
Monterey, CA 93940
(831) 648-7200

Salar Deldar, MD
Pacific Rehabilitation and Pain
1010 Cass Street, Suite D3
Monterey, CA 93940
(831) 275-4050

William Heller, DO
Victor Li, MD
Prime Pain Institute
4140 Jade Street
Capitola, CA 95010
(831) 464-7246

951 Blanco Circle, Suite D
Salinas, CA 93901
(831) 287-2843

RehabOne
535 East Romie Lane, Suite 12
Salinas, CA 93901
rehabone.com
(831) 758-6990

Lisa Kroopf, MD
172 El Dorado Street
Monterey, CA 93940
(831) 901-3940
montereypaindoctor.com

Physical medicine and rehabilitation physicians

Erwin Deiparine, MD
700 Cass St, Suite 114
Monterey, CA, 93940
(831) 641-0977

Patrick Wong, MD
Jesse Bernstein, MD
Monterey Spine and Joint
12 Upper Ragsdale Drive
Monterey, CA 93940
(831) 648-7200

Amir Rahnavard, MD
Montage Medical Group
23845 Holman Hwy, Suite 210
Monterey, CA, 93940
(831) 620-0700

The Prescribe Safe initiative was created by Monterey County law enforcement, administration of the four Monterey County hospitals, and local physicians in response to concerns about prescription medication misuse in our county. Prescribe Safe is meant to guide, educate, and provide resources for our local physicians and patients in the safe use of prescription medications and promote safe and effective pain management in Monterey County. For questions regarding the Prescribe Safe initiative, please contact the team of practitioners at prescribesafe@chomp.org.